**Coach: Edmond Khoo**

*Coachee S/No.: 503*

*Period of Coaching: April 2019 to May 2020*

*Number of Sessions: 9*

*Number of Hours: 17*

*Average Duration per Session: 1 hour 54 mins*

TESTIMONIAL

*by Coachee who is a Deputy Director, Public Sector Organisation, Singapore*

When the opportunity arose to undergo coaching sessions with Edmond, I jumped at the chance. My immediate and specific interest then, was on how to be a better leader in my organization.

During each session, Edmond ensured that I have his undivided attention, which gave me the confidence to share openly. Edmond managed the coaching sessions in a way that allows his coachee to share in an informal and free-flowing manner. At the same time, each session was conducted in an intentional fashion, to ensure that I am able to have specific take-away learning points.

I have benefitted from being able to get more clarity in my thinking. I appreciated how he articulates his insights in a succinct manner. Edmond is encouraging, and yet he would challenge me to follow through on the learning points gleaned.

Significantly, the sessions have helped me understand the need to be holistic, in the way I look to better myself. I had started out in the coaching sessions, wanting to improve myself as a fellow co-worker to my colleagues. Through the sessions, I came to the realization that it is about improving myself as a person, rather than just the “work self”. For that, I am thankful that Edmond facilitated this journey of learning.

Edmond’s coaching sessions will benefit anyone, regardless of their stage of [work]life. Though for those aspiring to further their growth in leadership, you will benefit from Edmond’s coaching immensely, as he is able to draw from his wealth of leadership experiences in various capacities.

The true value of Edmond’s coaching does not lie merely in the techniques he possesses, or the experiences he shares from. Rather, it is that his techniques and sharing of experiences, as valuable as they are, are underpinned by the genuine concern that Edmond has, to help his coachee.